

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Helena Strijdom

Has successfully participated & completed the

5km Hedianga Beast Trail Run 2018

held at Hedianga Farm.

**TIME** 00:42:33

**PACE** 08:30/km

OVERALL 85 of 226

**GENDER** 54 of 152

40 - 49 7 of 35

25 February 2018, Sun

Date



BoutTime